



# Fayette Schools Head Start and After School February Snack Menu



www.eatlearnlive.com/chartbusters

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Yogurt 4oz Apple 5oz	6" flour tortilla 31g Thin Ham Slices (3) 1oz Water	Cheese Slices (2) 1oz Saltine Crackers (4 pks) 24g Milk 8oz
6	7	8	9	10
6" flour tortilla 31g Thin Turkey Slices (3) 1oz Water	Whole Grain Strawberry Pop Tart 50g  Milk 8oz ( after school ) Milk 1/2c ( Head Start )	Baby Carrots 1/2c Lite Ranch Dip 2oz Apple Juice 4oz	Whole Grain Goldfish Crackers .75oz String Cheese 1oz Water	½ Hard Boiled Egg Animal Crackers 1oz Milk 8oz ( after school ) Milk 1/2c ( Head Start )
13	14	15	16	17
Cheez-it Scrabble Crackers .75oz String Cheese 1oz Water	Nutri Grain Bar 1.3oz Milk 8oz ( after school ) Milk ½ c ( Head Start )	Bread Slice 26g Cheese Slices (2) 1oz Fruit Punch Juice 4oz	Petite Banana 4.5oz Milk 8oz ( After School ) Milk ½ c ( Head Start )	Fresh Apple Wedges 1/2c Strawberry Yogurt 4oz Water
20	21	22	23	24
<b>President's Day No School Teacher In-Service Day</b>	Corn Muffin 1.5oz Milk 8oz ( After School ) Milk ½ c ( Head Start )	Keebler Elf Chocolate Chip Grahams 1oz Milk 8oz ( After School ) Milk ½ c ( Head Start )	String Cheese 1oz Orange 5.75oz	Quaker Oatmeal Raisin Bar 1.4oz Milk 8oz ( after school ) Milk ½ c ( Head Start )
27	28	29		
Red Delicious Apple 5oz Scooby Graham Sticks 1oz	Petite Banana 4.5oz Milk 8oz	6" flour tortilla 31g Thin Turkey Slices (3) 1oz Water		



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for online personal wellness  
resources for you and your  
family.

### Water May Be Offered

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