

CERTIFIED NURSE AID

CREDENTIAL

Approved State Certification

- Individuals must pass the CNA written and skills exam to prove that they possess the knowledge and abilities to safely perform the functions of a nursing assistant
 - **Examples:** Understanding patient rights, nutrition, safety, asepsis, clinical skills, rehabilitation, documentation, death and dying, and possessing interpersonal skills

1) BREAKDOWN OF CNA WRITTEN EXAM

- Contains 60-70 multiple choice questions
- **Examples of focus areas:** hygiene, nutrition, infection control, therapeutic procedures, workplace conduct, psychosocial care skill questions about the emotional, mental, cultural and spiritual needs of patients, candidate's knowledge of patient communication, patient/client rights and ethical behavior

2) BREAKDOWN OF CNA CLINICAL SKILLS EXAM

- Requires a demonstration of five skills on a volunteer or live model

LEARNING OUTCOMES OF A CERTIFIED NURSE AID

Individuals must be able to:

- Provide for the daily care of the resident
 - **Examples:** Bathing, dressing, grooming, eating, transferring, ambulating, and elimination
- Provide for the resident's comfort
 - **Examples:** Assist the resident in developing trust, be empathetic and open to the family, actively listen, and create a positive home-like environment
- Provide for the resident's safety
 - **Examples:** Immediately report safety issues, follow infection control practices, perform procedures correctly, and maintain a clean and safe environment
- Provide for the resident's health needs
 - **Examples:** Respond to call lights immediately, assist the nurse during medical procedures and emergencies, immediately inform the nurse of any changes in the resident's appearance, behavior, or mood, and accurately establish measurements, such as temperature, weight, pulse, respirations, and blood pressure

LEARNING OUTCOMES FOR THE CLINICAL SKILLS TEST (Hands-On)

Individuals must be able to:

- Perform a variety of skills in a setting resembling a nurse aid work environment while properly interacting and communicating with the patient
 - **Examples:** Taking and recording patient blood pressure, bathing and dressing a patient, helping with range of motion exercises, and providing catheter care
- Five of the following skills need to be correctly performed in order to pass the clinical skills portion of the certification exam:

1.	Wash hands	13.	Measure and record blood pressure
2.	Provide food care	14.	Perform passive range of motion exercise for client knee and ankle
3.	Assist to ambulate using transfer belt	15.	Count and record client's radial pulse
4.	Assist with use of bedpan	16.	Donn and remove gown and gloves
5.	Apply one knee-high elastic stocking	17.	Perform passive range of motion exercises for client shoulder
6.	Count and record patient's respirations	18.	Position client on side
7.	Measure and record weight of ambulatory client	19.	Provide catheter care for female client
8.	Dress client with affected (weak) right arm	20.	Clean dentures
9.	Provide fingernail care	21.	Make an occupied bed
10.	Give modified bed bath	22.	Provide mouth care
11.	Measure and record urinary output	23.	Provide perineal care for female client
12.	Transfer from bed to wheelchair using transfer belt	24.	Feed client who cannot feed self

REQUIREMENTS TO OBTAIN STATE CERTIFICATION

- Criminal History check, Mantoux testing or chest X-ray, and a physical examination
- Complete an Indiana State Department of Health (ISDH) approved training program
 - At least 30 hours of classroom training, at least 75 hours of clinical experience, and successful completion of the written and skills competency evaluation